

Sport Terminology

Terminologie du sport

As of WED 21 OCT 2026

Term	Definition
Attack	A sudden acceleration by a rider to gain an advantage over others.
Breakaway	A rider or small group that has escaped from the peloton and is leading the race.
Bridge	When a rider attempts to close the gap from the peloton to a breakaway group.
Bunch Sprint	A sprint finish involving many riders, usually the peloton.
Chase Group	A group of riders attempting to close the gap to a breakaway.
Circuit	A lap course near the finish line that riders complete multiple times before the final finish.
Climb	An uphill section of the course that can affect the race outcome.
Drafting	Riding closely behind another to reduce wind resistance and save energy.
Echelon	A diagonal formation of riders in crosswinds to maximise drafting.
Escape	A rider or group breaking away from the main field (see also Breakaway).
Feed Zone	A designated section of the course where riders can receive food and drinks.
Hot Seat	The area at the finish where the current leader in the time trial sits until displaced by another faster rider.
Neutralised Start	The controlled beginning of a race behind the lead vehicle until the official start is signalled.
Slipstream	The reduced air resistance zone behind a moving rider (see also Drafting).
Peloton	The main group of riders in a road race.
Pull	Taking a turn at the front of a group to set the pace and block wind.
Sit In	Staying within the group to conserve energy.
Waste Zone	A designated section of the course where riders are permitted to discard bottles and waste.
Wheel Change	The replacement of a rider's wheel, usually performed by neutral service after a puncture.

Note:
For further information please consult: www.uci.org

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