

Competition Format and Rules

Format et règlement des compétitions

As of WED 21 OCT 2026

Youth Olympic Competition Format

The Swimming competition at Dakar 2026 Summer Youth Olympic Games consists of 15 individual events for Women and 15 individual events for Men as follows:

Women's Events	Men's Events
50m Freestyle	50m Freestyle
100m Freestyle	100m Freestyle
200m Freestyle	200m Freestyle
400m Freestyle	400m Freestyle
800m Freestyle	800m Freestyle
50m Backstroke	50m Backstroke
100m Backstroke	100m Backstroke
200m Backstroke	200m Backstroke
50m Breaststroke	50m Breaststroke
100m Breaststroke	100m Breaststroke
200m Breaststroke	200m Breaststroke
50m Butterfly	50m Butterfly
100m Butterfly	100m Butterfly
200m Butterfly	200m Butterfly
200m Individual Medley	200m Individual Medley

The 50m, 100m and 200m events consist of heats, and final phases. The top eight athletes will advance from the heats to the final.

The 400m and 800m freestyle events will be timed finals. The top eight athletes with the fastest entry times will race in the final session. Other athletes with slower entry times will race in the heats.

Differences between the World Aquatics Junior Swimming Championships and the Summer Youth Olympic Games

There are no differences in the rules.

The World Aquatics Junior Swimming Championships take place with a greater number of competitors, and include several longer distance events and relays.

Changes since Buenos Aires 2018 Summer Youth Olympic Games

The individual and mixed relays are not part of the programme in Dakar 2026 Summer Youth Olympic Games.

Sport Rules and Procedures

The Swimming competition at Dakar 2026 Summer Youth Olympic Games will be held in accordance with the Competition Regulations of the World Aquatics Constitution and Rules, and the Olympic Charter which is in force at the time of the competition.

Heats for all events take place in morning sessions. The fastest heat for 400m and 800m Freestyle events, finals and victory ceremonies take place in afternoon sessions.

OMEGA

Competition Format and Rules

Format et règlement des compétitions

As of WED 21 OCT 2026

Tie Break Rules

For individual events of 200m or less, ties for the last qualification or reserve position (from heats) may be broken by swim-offs. If more than three athletes are tied for the last qualification place, a swim-off may be held. There are no other tie breaking rules for ranking.

Penalties / Disqualification Rules

The most common reasons for individual disqualification include false starts, incorrect touches at the turn or butterfly kicks in breaststroke.

Appeals

Appeals may be filed against decisions taken by Referees. Appeals are accepted up to 30 minutes after the publication of the phase results of the event concerned. The Jury of Appeal will consist of three (3) members, one (1) of whom will be the designated Chairperson. The three (3) members will be appointed by the World Aquatics President or, if unavailable, the Executive Director.

Note:
For further information please consult: www.worldaquatics.com