

Sport Terminology

Terminologie du sport

As of WED 21 OCT 2026

Term	Definition
Cha-ryeot	Standing posture of the contestant.
Chung	Blue.
Contest	The event unit, a contest between blue and red competitors, adjudicated by one referee, one judge (individual)/two judges (Mixed Team), a review jury and a technical assistant. Contest result is based on the best of three two-minute rounds, with a one-minute interval between rounds.
Court	The field of play area is commonly known as the court.
Gam-jeom	Penalty point awarded to the opponent.
Hong	Red.
Instant Video Replay System (IVR)	A system used during a contest to review any disputed action on request of a coach, the referee or the judges.
Jeom	Point.
Joon-bi	A command the referee gives before declaring the start of the contest to check the readiness of the contestants.
Judge	Judges are responsible for awarding technical and punch points to contestants. They sit outside the competition area. In each contest there is one judge (individual)/two judges (Mixed Team).
Kal-yeo	A command the referee gives to pause the contest.
Keu-man	A command the referee gives to stop the contest at the end of each round.
Kye-shi	A command the referee gives to declare the medical treatment during the contest in case of injury.
Kye-sok	A command the referee gives to resume the contest after a pause.
Kyeong-rye	A standing bow between the contestants and to the officials at the beginning and end of the contest.
Kyorugi	Sparring.
Protector and Scoring System (PSS)	Contestants' protective vest and headgear equipped with electronic sensors to register valid attacks on the trunk or the head.
Referee	The official responsible for the conduct of the competition in accordance with the official WT rules and for maintaining discipline and order on the playing field during the competition.
Review Jury	The Review Jury is a single official operating the Instant Video Replay system during competition. The Review Jury will give his decision to the referee.
Seed	The rank of the qualification tournament.
Shi-jak	A command the referee gives to start the contest.

OMEGA



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Technical Assistant	Is responsible for monitoring the scoreboard during the contest if the scoring, penalties and timing are correctly published and immediately notify the referee of any problematic issues in this regard. the technical assistant manually records all scores, penalties and IVR results in the Technical Assistant's form.

Note:
For further information please consult: www.worldtaekwondo.org